# Trauma Matters

The Official Newsletter of the Texas Trauma Coordinator's Forum **FEBRUARY 2016** Edited by: Jennifer Kraatz



The mission of the Texas Trauma Coordinator's Forum is to provide a forum for networking, mentorship, emergency preparedness, securing and maintaining of trauma financing and provision of education to professionals involved in trauma care. TTCF encompasses all aspects of Texas Trauma Coordinators Forum trauma care for both the injured and those at risk of injury.

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TTCF Executive Board

Membership is open to anyone interested in improving care for trauma patients. Meetings of the TTCF are held guarterly and provide an outstanding opportunity to network with Trauma Coordinators, Trauma Registrars, Trauma Program Managers, and Trauma Personnel throughout

Texas. The Forum shares information regarding trauma system development, hospital designation, and legislation information regarding Trauma and Emer-

Did you remember to RSVP for the TTCF meeting? On-line registration (RSVP) via the TTCF homepage www.ttcf.org is important to provide adequate meal and room provisions at each meeting. For further information please contact Jacky Betts at 940-764-3631 or email jbetts@unitedregional.org

gency Medical issues as well as updates on injury prevention programs, trauma registry requirements, and rule changes. TTCF Committees in-

# Upcoming Dates (2016):

TTCF 2nd QTR Meeting - May 10, Austin

TETAF Data Management Course - Feb 24-25, The Woodlands

TOPIC - February 22, Arlington

TOPIC - April 27, San Antonio

TCAR - March 7-8, Webster

TCAR - March 31- April 1, El Paso

NTRAC Trauma Acute Care Conference - March 12, Wichita Falls

TRAC-V Trauma Symposium - April 7-9, Harlingen STRAC Regional Emergency Healthcare Systems Conference, April 28-29, San Antonio

clude: Level I/II, Level III, Level IV, Injury Prevention, Special Populations, Public Relations/Legislative, Fund Raising, Education, Trauma Registry, and Mentorship. Membership applications can be found on the TTCF homepage www.ttcf.org. Please note that annual membership costs are \$25 and run from February to February. Due are not prorated or transferable and are processed via Texas Trauma Forum PO Box 177, Wichita Falls, TX 76307.

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# Continuing Texas' Red-Light Camera Programs as a Trauma Prevention Tool

In January of 2011, the Insurance Institute for Highway Safety released a study that concluded red light cameras reduce the rate of fatal crashes by 24 percent in fourteen large cities that introduced red light cameras between 1996 and 2004. The Community Guide for Preventative Services has also recently added red light cameras as an evidence based strategy for trauma prevention. The Texas Transportation Institute located at Texas A&M University evaluated the effectiveness of red light cameras in Texas that demonstrated that "[these] findings show clearly that red light cameras offer significant safety benefits. Most important, they help prevent the most severe and deadly type of intersection crashes."

GETAC Injury Prevention Committee endorses the use of red light cameras as a trauma prevention tool in the same way that seat belts, air bags and bicycle helmets are a trauma prevention tools. "We encourage all Texas communities to consider adopting the use of red light cameras to reduce trauma death and injury to our fellow citizens."

Red light cameras have served as force multipliers, allowing Texas police departments to address other public safety needs without having to sacrifice the enforcement of traffic safety laws. The Texas red-light camera program has a clear process of review that includes a tiered evaluation of the alleged offense involving a local police officer who makes the final decision to approve or reject the re-light citation.

It is anticipated during the upcoming 85<sup>th</sup> Texas Legislature, legislation terminating red-light camera programs in local communities and statewide will be proposed. As members of the Texas Trauma Coordinators Forum, it is our mission to promote and address educational needs regarding trauma care in within our State, including effective methods of trauma prevention. I urge each of you to educate yourself regarding this issue and be proactive with your legislative representatives.

Parkland Health System Trauma Services Courtney Edwards, MSN, MPH, RN, CCRN, CEN

Mary Ann Contreras Injury Prevention/Trauma Outreach Coordinator

#### References:

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# TTCF Silent Auction



Congratulations to all of the silent auction winners at the 4th Quarter November TTCF meeting in Dallas! Thank you to Robin Gage and Delores Londerholm for organizing this event and providing excellent auction items and thank you to those who participated!



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# The Mind, Soul, Spirit Care within the Trauma System

An effective trauma system allows severely injured patients to be promptly transported to trauma centers that possess the personnel and resources capable of providing the greatest chance of survival from injury. In years past, research has resulted in significant advances in the management of physical injury. If all Americans lived in communities with an effective trauma system, 20% to 40% of traumatic deaths are potentially preventable (American College of Surgeons, 2005). Trauma systems save lives, but does that system adequately provide care to the mind, soul and spirit of patients and healthcare workers working within that system.

Parkland Health System Trauma Services

Courtney Edwards, MSN, MPH, RN, CCRN, CEN

Statistics are common tools to trauma program staff. They can readily tell you the number of patients presenting to trauma centers with hepatic injuries, or the number of patients who develop a wound infection. However, the specific number of patients who develop PTSD following a traumatic event remains a mystery. In regards to healthcare personnel, trauma program staff can tell you the number of procedures they have completed or trauma-specific education obtained. However, the reason for frequent turnover in the role of trauma program staffing remains unknown.

Research focused on the process of recovery and psychology of injury demonstrates that healthcare providers can better optimize care. For our patients, this can be achieved by the development of peer support programs (American Trauma Society). It can also be achieved by teaching and modeling to our patients, skills to self-manage the daily challenges of recovery (American Trauma Society).

Of hospital-based nurses, forty percent have burnout levels that exceed the average for others within the healthcare profession (Aiken et al., 2002). Burnout is described as "a syndrome of emotional exhaustion, depersonalization, and reduced personal accomplishment" (Sadovich, 2005). Significant precursors to burnout include the frequency and type of job stressor, appraisal, and expectations of control, coping techniques, loss of control, commitment, and cognitive adaption (Browning & Greenberg, 2003; Sadovich, 2005). The effects of burnout are astronomical to the healthcare profession. Burnout has demonstrated to be an important mediating mechanism between nursing and patient safety outcomes (Spence-Laschinger & Leiter, 2006).

A public opinion poll of 1,000 randomly dialed individuals revealed that almost all Americans feel it is extremely or very important to be treated in a trauma center, in a state with a trauma system (American College of Surgeons, 2005). In fact, the majority of Americans felt having a readily accessible trauma center is as important as or more important than having a fire or police department (American College of Surgeons, 2005). As trauma program staff, we have an obligation to uphold the responsibility of providing total optimal care to all those within trauma system – patients and staff.

Throughout the remainder of the year, the Texas Trauma Coordinators Forum will continue to make the psychological care within the trauma system a priority of education and resource development. ■

References

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- American College of Surgeons. (2005). "Statement of the American College of Surgeons to the Subcommittee on Labor, Health and Human Services, Education, and Related Agencies Committee on Appropriations U.S. House of Representatives RE: FY 2006 Funding for Trauma System Development" Retrieved March 30, 2011 from http://www.facs.org/ahp/views/trauma4.html.
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# Mentorship / Membership





Welcome to TTCF! All new members and visitors to TTCF will spend their first meeting in the Membership/ Mentorship committee. Important organizational information is provided and there is opportunity for networking and Q&A with experienced trauma coordinators. The State designation coordinators and a representa-

tive from TETAF are also present to answer questions. The Membership/ Mentorship committee is a great place to start your TTCF journey!

This committee provides new members with a first impression of the organization and is key in the growth of our trauma group. Please contact Tracy Cotner-Pouncy or Rebecca Crocker if you are interested in supplying mentorship support or sponsoring any new members. Support can be very rewarding and enables everyone involved to grow and become better educated with numerous aspects of trauma care and networking opportunities.



Legislative Updates and additional Texas Trauma information: Look for the updates from Texas EMS Trauma & Acute Care Foundation (TETAF) at www.tetaf.org

# Legislative/Public Relations Committee

The PR/Legislative Committee expressed the desire of TTCF members participation in the coming year in preparation for the 2017 Capitol Day and reiterated the importance of this event which helps support the continued funding for trauma care in the state of Texas. Newsletter submissions were requested per the calendar to be submitted by January 22, 2016. The PR/Legislative committee also welcomed Elena Guajardo as the new Co-chair following the previous Co-Chair resignation. Thank you for your willingness to jump in and support the TTCF!

# Level 1 & 2 Committee





The TTCF Level 1 & 2 Committee's focus and discussions for much of 2015 were centered on the release of the *Resources for Optimal Care of the Injured Patient – Sixth Edition* or as we like to refer to it, the "Orange Book." Facilities with scheduled visits on or after the July 1<sup>st</sup> 2015 timeframe will be required to meet the criteria outlined in the new "Orange Book".

For those interested in downloading or ordering a hard copy of the "Orange Book" resource document, please visit: <a href="https://www.facs.org/quality-programs/trauma/vrc/resources">https://www.facs.org/quality-programs/trauma/vrc/resources</a>. In this link, you will also find a Resource Repository area that has a host of essential documents you'll want to review, including the all-important "Orange Book Clarification Document".

As we head into the New Year, we already have multiple Level 1 and Level 2 trauma programs, both adult and pediatric, scheduled for trauma survey site visits within these first 6 months. 2016 committee goals will be focused on finding solutions and developing processes through peer collaboration in order to meet the essential criteria requirements.

Please remember to submit suggested agenda items and committee goals to myself (<u>Terry.Valentino@BSWHealth.org</u>) and/or co-chair Jo-Ell Lohrman (<u>jo-ell.lohrman@hcahealthcare.com</u>) for future discussion. I hope that everyone had a safe and happy holiday season and that you're still on track with your New Year's resolutions!

Terry Valentino BSN, RN, EMT-P, TCRN, CEN TTCF Level 1 & 2 Committee Chair

# TTCF Group on Google Groups Listserver

We have officially made the move to Google groups. It is important that you request to become a member of the TTCF Google listserver group to stay aware of important events and afford yourself our fantastic networking opportunities.

## HOW TO JOIN:

- 1. Go to https://groups.google.com/
- 2. Type "TTCF" in the search box
- 3. Click the groups button (make sure the posts button is not highlighted)
- 4. Click on "TTCF"
- 5. Request to become a member!

Additional instructions can be found on the TTCF homepage www.ttcf.org

Quick Reference Guide: <a href="http://www.ttcf.org/pdfs/Google Quick Reference.pdf">http://www.ttcf.org/pdfs/Google Quick Reference.pdf</a>

# Have your heard??

There's a new TTCF Calendar!

Stay up to date on:

- Board Meetings
- General Meetings
- TOPIC classes
- Other events & classes!

May be accessed via Google Calendars at: www.texastraumaregistrars.com

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www.ttcf.org

To add your event please contact a TTCF Board or Committee member!



## **TTCF Executive Board**

Robin Garza President

#### President

- Shall preside over all general membership and Board of Directors meetings
- Shall be empowered to call emergency meetings of the Board of Directors in situations where action is needed prior to the next scheduled meeting.
- Shall be the official to sign and/or authorize operations issues related to TTCF, but only after discussion and agreement of a majority of the Board of Directors.
- Shall provide an agenda at each meeting
- Shall mentor the president elect.
- Shall prepare an Annual Report with assistance of the Historian for presentation at the 1st quarterly meeting.
- Shall lead annual assessment of projects and focus on upcoming year activities at annual strategic planning meeting.
- Shall be responsible for providing approval of articles submitted to the TTCF webpage
- Shall attend general membership meetings, or in absence, make arrangements with the past president and/or the president elect to assume necessary duties.

#### Past President

- Shall act as a resource to the current President.
- Shall mentor in conjunction with the President, the President Elect
- Shall assume the duties of the President in his/her absence.
- Shall attend general membership meetings, or in absence, make arrangements with the President to cover necessary duties.



Courtney Edwards
Past President



Kathy Rodgers Historian

#### <u>Historian</u>

- Shall record and preserve the record of TTCF activities and achievements and assist the President in preparing Annual Report.
- Shall coordinate with the general membership in obtaining TTCF historical material and other memorabilia reflecting the organization's history.
  - Shall submit revisions and changes to the webmaster for the History page on the TTCF website.
- Shall attend general membership meetings, or in absence, make arrangements with the President to cover necessary duties.

#### **Secretary**

- Shall keep minutes of all general membership and Board of Directors meetings.
- Shall electronically post meeting notices to all members a minimum of thirty (30) days prior to the next scheduled meeting.
- Shall make copies of previous minutes available on TTCF webpage.
- Shall maintain records and copies of pertinent documents as directed by the President.
- Shall provide copies of documents to webmaster for posting on the TTCF website.
- Shall keep records of current membership.
- Shall be responsible for maintaining display board.
- Shall be responsible for maintaining projector.
- Shall attend general membership meetings, or in absence, make arrangements with the President to cover necessary duties.



Brett Dodwell Secretary



Jacky Betts Treasurer

#### <u>Treasurer</u>

- Shall collect all funds and shall have custody of such.
- Shall make distribution of such funds upon order of the Board of Directors.
- Shall deposit all funds in an insured account in an insured financial institution.
- Shall submit a current written financial statement to the Board of Directors on a quarterly basis.
- Shall negotiate contracts for meeting facilities.
- Shall attend general membership meetings, or in absence, make arrangements with the President to cover necessary duties.

#### <u>Parliamentarian</u>

- Shall serve as a non-voting member of the Executive Board and will not participate in the motion process, except to make sure the correct procedures are followed via the most current Roberts Rules of Order.
- Shall assist and support the President in maintaining order and adhering to time schedules.
- Shall assist with the coordination of motions/resolutions.
- Shall coordinate the election process of officers for the organization as well as the other voting procedures.
- Shall facilitate annual review and update the organizational bylaws with report to Executive Board at 1st quarter meeting.
- Shall attend general membership meetings, or in absence, make arrangements with the President to cover necessary duties.

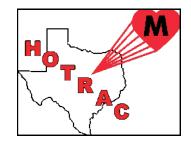


<u>Bert Cordell</u> Parliamentarian

# Trauma Matters

Texas Trauma Coordinators Forum P.O. Box 177 Wichita Falls, TX 76307 Texas Trauma Coordinators Forum (TTCF) encourages multidisciplinary participation in providing holistic healthcare across the entire continuum of care, from injury prevention through rehabilitation.

Printing Courtesy of:



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www.ttcf.org

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